



#### School Information:

This month is PARCC testing! Be sure to be awesome!



#### Nutrition Tip:

One third of Americans get 47 percent of their calories from junk foods. Don't be in the one third!



### Monday

#### HOW CHEESEY

Cheese Enchilada 4oz  
Spanish Rice 4oz  
Romaine Salad 8oz  
Pears 4oz  
Milk 8oz

3

### Tuesday

#### BRENDA'S REQUEST

Baked Chicken  
Whole Grain Dinner Roll 2oz  
Mashed Potatoes/Gravy 4oz  
Peaches 4oz, Milk 8oz

4

### Wednesday

#### HARRY SCARY FRITO PIE!

Frito Pie  
(chili beans 4oz, lettuce 1oz, tomato 1oz, cheese 1oz)  
Green Beans 4oz  
Applesauce 4oz, Milk 8oz

5

### Thursday

#### YOU CAN'T BEATA THIS FAJITA

Chicken Fajitas 2oz  
Bell Pepper 2oz, Onions 2oz  
Cheese 1oz, Salsa 2oz  
Whole Grain Tortilla 6in  
Corn 4oz, Fruit Cocktail 4oz, Milk 8oz

6

### Friday

#### No School

7

#### DOWN THE HATCH

Green Chili Cheeseburger  
Cheese 1oz, Lettuce 1oz,  
Tomato 1oz, Green Chili, 1oz  
French Fries 2oz  
Applesauce 4oz  
Milk 8oz

10

#### MACHO TACOS

Beef Tacos 2oz  
Cheese 2oz, Lettuce 2oz,  
Tomato 2oz  
Whole Grain Tortilla 2x6in  
Beans 4oz  
Mixed Fruit 4oz, Milk 8oz

11

#### YOU WANNA PIZZA ME?

Pepperoni Pizza 4oz  
Celery Sticks 4oz  
Sliced Pineapple 4oz  
Milk 8oz

12

#### No School

13

#### No School

14

#### No School

17

#### MY LUNCH, NACHO LUNCH

Nachos 4oz  
Corn 4oz  
Mixed Fruit 4oz  
Milk 8oz

18

#### NUGGETS O' GOLD

Chicken Nuggets 5ct  
Whole Grain Roll 2oz  
Green Beans 4oz  
Pears 4oz  
Milk 8oz

19

#### LOCO LOBO!

Chicken Burrito  
Chicken, Cheese, Rice  
Salsa 2oz  
Carrots 4oz  
Peaches 4oz, Milk 8oz

20

#### VIGIL'S SECRET RECIPE

Spaghetti 4oz  
Meat Sauce 2oz  
Whole Grain Garlic Bread 2oz  
Peas 4oz  
Applesauce 4oz, Milk 8oz

21

#### TERRAZA'S TERRIFIC TOSTADA

Beef Tostada  
Beans 4oz  
Corn 4oz  
Banana 4oz, Milk 8oz

24

#### WHAT A HAM!

Ham 2oz and Cheese 1oz Sandwich  
Whole Grain Bread 2oz  
Carrots 4oz  
Apple 4oz & Milk 8oz

25

#### DOWN THE HATCH

Green Chili Cheeseburger  
Cheese 1oz, Lettuce 1oz,  
Tomato 1oz, Green Chili, 1oz  
French Fries 2oz  
Grapes 4oz, Milk 8oz

26

#### ARE YOU READY FOR THIS?

Red Beef Enchiladas  
Spanish Rice  
Cooked Spinach 4oz  
Mixed Fruit 4oz, Milk 8oz

27

#### MACHO TACOS

Beef Tacos 2oz  
Cheese 2oz, Lettuce 2oz,  
Tomato 2oz  
Whole Grain Tortilla 2x6in  
Beans 4oz, Sliced Oranges 4oz  
Milk 8oz

28



*Happy Spring!*

